

| Date | Start | Event Name | Location |
|---------------------------|----------------|---|--------------------------------------|
| Thu 03/07/2024 | 3:00 pm | LSA Thursday Night Lights | Glassell Stadium |
| Sat 03/09/2024 | 8:00 am | Cougar Relays | Northland Christian School |
| Thu 03/21/2024 | TBD | Rice Relays | Rice University |
| Fri 03/22/2024 | TBD | Rice Relays | Rice University |
| Sat 03/23/2024 | TBD | Rice Relays | Rice University |
| Fri 04/05/2024 | 4:00 pm | Crusaders Relay | Concordia Lutheran |
| Mon 04/08/2024 | 3:00 pm | HS Track District Meet at Northland Christian | Northland Christian School |
| Thu 04/11/2024 | TBD | HS Track District Meet at Rosehill Christian | Rosehill Christian School |
| Fri 04/26/2024 | 8:00 am | Track at Regionals | TBD |
| Fri 05/03/2024 | TBD | Track at State Meet | TBD |
| Sat 05/04/2024 | TBD | Track at State Meet | TBD |